

DOWNLOAD PDF

Rucksack Guide: Rock Climbing

By Alun Richardson

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, Rucksack Guide: Rock Climbing, Alun Richardson, Rucksack Guide - Rock Climbing is your essential handbook when climbing. It offers concise guidance and support for any situation you might find yourself in, including: technical skills: tips and reminders on the key climbing techniquesrope work: what knots to use in certain situations and how to tie themtypes: aid climbing, free climbing, big walling and ice climbingsafety: essential procedures to ensure the safety of yourself, your party and others on the rock faceemergencies: guidance on what to do in extreme situations. The book is colour-coded for easy reference and all information is presented in lists and tables, making it simple to understand in testing conditions. The Rucksack Guide series is taken from Mountaineering: The essential skills for mountain walkers and climbers, the definitive handbook for hill walkers, climbers and mountaineers.



Reviews

This written publication is wonderful. It really is loaded with knowledge and wisdom You will not really feel monotony at at any time of your time (that's what catalogues are for relating to if you ask me). -- Desmond Becker

Absolutely essential go through publication. I am quite late in start reading this one, but better then never. You will not feel monotony at at any time of the time (that's what catalogues are for regarding if you ask me). -- Ambrose Thompson II