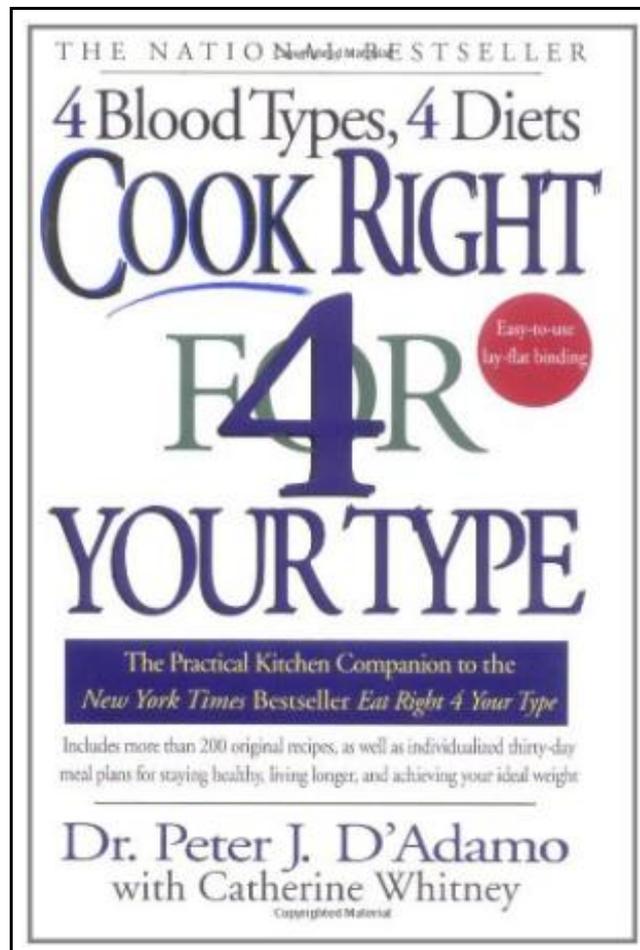# Cook Right 4 Your Type: The Practical Kitchen Companion to Eat Right 4 Your Type

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