# Rebounders: How Winners Pivot from Setback to Success



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### Reviews

Here is the best publication i have got go through until now. It is actually writter in simple phrases and never hard to understand. I realized this publication from my dad and i suggested this ebook to find out.

(Lorena White)

### REBOUNDERS: HOW WINNERS PIVOT FROM SETBACK TO SUCCESS



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Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. Let s face it: Setbacks happen, and failure is always a possibility. But here s the good news: Amazing success has been achieved by people who once fell flat on their faces. The secret lies in how we respond to life s bumps and pot holes and unwelcome detoursfrom getting fired or losing a business to enduring a professional rejection or pursuing a passion that fails to pan out. Misfortune, it turns out, can be a springboard to success. In Rebounders, U.S. News World Report journalist Rick Newman examines the rise and falland rise againof some of our most prolific and productive figures in order to demystify the anatomy of resilience. He identifies nine key traits found in people who bounce back that can transform a setback into the first step toward great accomplishment. Newman turns many well-worn axioms on their head as he shows how virtually anybody can improve their resilience and get better at turning adversity into personal and professional achievement. Setbacks can be a secret weapon: They often teach vital things you ll never learn in school, on the job, or from others. There are smart ways to fail: Once familiar with them, you ll be more comfortable taking risks and less discouraged if they don t pan out. "Defensive pessimism" trumps optimism: Planning for what could go wrong is often the best way to ensure that it doesn t. Know when to quit: Walking away at the right time can free the resources you need to exploit better opportunities. "Own the suck": When faced with true hardship, taking command of the pain and sorrowrather than letting it command youlays the groundwork for ultimately rising above...



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