



Say No To Wrinkle: Your Guide to Perfect Skin in 30 Days

By Times Group Books

Times Group Books, New Delhi, India, 2011. Softcover. Book Condition: New. First Edition. Natural beauty comes from within. And so does perfect, supple, and wrinkle-free skin. While moisturizing lotions and other tropical skin-care treatments may provide short-term support, the way to perfect skin is through nutritional supplementation. Even difficult skin conditions such as eczema, psoriasis, seborrhea, and acne have been shown to respond favourably to specific nutritional supplements. Printed Pages: 170.



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